

Bengal Chef Traditional and Fusion Starters

Plain Papadam	£0.60
Spice Papadam	£0.70
Condiment Tray	£1.00
Mix Malaba (for 2 person)	£7.95
<i>A beautiful combination of mix kebab of chicken Tikka, sheek kebab mushroom combo and paneer tikka with a spinning of cheese.</i>	
Spicy Pakora	£3.95
<i>Succulent pieces of chicken marinated in various spices & Herbs roasted in a clay oven then coated in gram flour & Deep fried.</i>	
Garlic Tikka & Mushroom	£3.95
<i>Marinated chicken or lamb Tikka cooked in a clay oven then fried with garlic & Mushroom</i>	
Chicken or Lamb Chatt	£3.95
<i>Diced chicken or lamb mildly spiced with a dedicated use of chat masala sauce served with a puffed Puree</i>	
Sheek Kebab	£3.95

Bengal Chef Shobji Starters

Paneer Ka Khas Tikka	£3.95
<i>Cubes of Indian cheese imbued with herbs and Spices and laced with cardamom then gently glazed in the clay oven</i>	
Spicy Aloo with garlic mushroom ...	£3.95
<i>A firm favourite with lovers of our exclusive cuisine. Soft and fluffy spiced potato balls with sautéed mushroom and garlic in a pastry wrap</i>	
Onion Bhajee	£2.95

Bengal Chef Seafood Starters

Prawn on Puree	£3.50
<i>Sweet and sour prawn cooked with onions, Coriander and cumin, served on a puree</i>	
Rosuni Mussels	£4.50
<i>Pan cooked mussels with garlic coriander touch Of chilli and spice</i>	
King Prawn Butterfly	£4.95
<i>Large king prawn covered in bread crumbs And deep fried until golden,</i>	
Special king prawn	£4.95
<i>Cooked with Italian mild sauce</i>	



Tandoori Chicken	£3.95
Pepper or Tomato Grill	£3.95
<i>Whole juicy tomato or fresh pepper stuffed and barbecued in a clay oven. Choice of chicken, lamb or vegetable stuffing.</i>	
Tetul Mix	£3.95
<i>Succulent lamb and chicken tikka together with mushrooms, crunchy onion & capsicum, pan fried in a tangy tamarind sauce & served with a paratha</i>	
Chicken / Lamb Tikka	£3.95
Kebab Puree	£3.95
<i>Sheek kebab cooked in a delicious sauce & served in a puree</i>	
Special Kebab	£3.95
<i>Chef's unique style of cooking gives this kebab a mouth-watering flavour with a hint of a tangy after-taste</i>	
Mixed Kebab	£4.50
<i>Tender pieces of chicken tikka, lamb tikka & sheek kebab</i>	

Samosa	£2.95
<i>Choice of meat or vegetable with fresh herbs</i>	
Chana Chatt	£3.95
<i>Chick peas cooked in medium strength condensed sauce then wrapped in soft flat thin bread.</i>	
Shobji Platter (for 2)	£6.95
<i>Vegetable pakura ,onion bhajee ,vegetable samosa and paneer tikka</i>	

Tandoori King Prawn	£4.95
<i>Succulent king prawn seasoned with garlic & chili pepper</i>	
King Prawn Bel Puree	£4.95
<i>King prawn cooked in mild cream sauce with touch of spice served in a puree.</i>	
Prawn Cocktail	£2.95
<i>Norwegian prawn coated with cocktail sauce on a bed of crisp English lettuce.</i>	
Fish Tikka Chatt	£4.50
Roop Chanda	£4.50
<i>Grilled Bangladeshi fish with herbs & spices</i>	



Bengal Chef Tandoori Specialities

Chicken or Lamb Shaslik .	£6.95
<i>Marinated chicken or lamb with onion, green pepper and tomato cooked in a clay oven</i>	
Machli Tikka	£6.95
<i>Salmon steak infused with herbs and spices, fresh juice and skewered then cooked in a tandoori</i>	
Tandoori Chicken	£6.95
Chicken/ Lamb Tikka	£6.95

Seafood Special Dishes

The Bengali region of India is well know for producing many of the county' s finest intellectual minds which is attributed to eating a diet rich in fine fish. Because the region is blessed with rivers abundant with seafood. (Please Note: some of our fish dishes may contain small bones)

Jinga Special	£9.95
<i>Whole king prawn in shell cooked in a special home style sauce (recommended)</i>	
Machli Tikka Special	£8.95
<i>Morsel of pink Scottish salmon matured in rich spicy marinated ginger, garlic & trace of mustard oil. Then roasted in the clay oven and finally served on a bed of spicy tomato and cauliflower</i>	
Lime Ginger Sea Bass	£8.95
<i>Pan fried fillets of sea bass served on a bed of sauted spinach and red juice pepper. Accompanied by cumin, new potatoes, drizzled with cherry tomatoes & fish broth.</i>	
Malaysian Spicy King Prawn ..	£9.95
<i>King prawns simmered an coconut milk, lemon grassed, chillies & mustard with cucumber & mango trout</i>	
Mussel Bhuna	£8.95
<i>Steamed mussels with lemon grass and coriander basil, served with a spicy sauce.</i>	

Combination Dishes all £9.95

Enabling you to sample two dishes in small portions pr-select your Own combination in chicken, lamb or prawn only from the list below,

Chicken Jalfrezi & Lamb Sagwala	Chicken Bhuna & Prawn Pathia
Chicken Tikka Masala & Lamb Bhuna	Chicken Chilli Bhuna & Lamb Pathia
Desi Biryani served with sauce	
Bengal Chef House Special Biryani	£9.95
Chicken, Lamb, Prawn Biryani	£7.50
Keema or Vegetable Mushroom or Paneer Tikka Biryani	£6.95
Chicken / Lamb Tikka Biryani	£8.95
King Prawn Biryani	£9.95

Tandoori Mix Grill	£8.95
<i>Chicken tikka, lamb tikka, sheek kebab, tandoori king prawn and nan</i>	
Chicken Tikka Stir Fried ...	£6.95
<i>Chicken stir fried with sliced pepper, onions, coriander, tomato and soy sauce.</i>	
Paneer Tikka	£6.95
<i>Cubes of Indian cheese imbued with herbs, spices & laced with cardamom then gently glazed in a clay oven</i>	

Scallop Bunja	£8.95
<i>Scallop cooked with tomato, onion and garnished with fresh green pepper.</i>	

Seafood Lazeez (Hot on request) ..	£8.95
<i>Salmon, Scallop and king prawns pan tried with cardamoms, fresh lemon juice ,coriander, tomatoes shredded ginger, fresh Meti and lime juice in spicy medium sauce.</i>	

Salmon Tikka Masala	£8.95
<i>Chunks of pink salmon marinated in spice, lime juice with fish herbs roasted in the oven then smothered in the world famous succulent smotht cream masala sauce.</i>	

Goan Fish	£8.95
<i>An exotic dish from southern coast of India. Pan Fried red snapper in a spicy coconut milk, red chills & tamarind sauce</i>	

Fish Bhuna Masala	£8.95
<i>Fish cooked in a home made sauce and enjoyed by everyone</i>	

Master Chef Creations

Chicken/Lamb Tikka Masala .	£7.50
<i>We present our own exclusive recipe of succulent Tikka in a smooth creamy masala sauce.</i>	
Gurka Masala chicken or Lamb ..	£7.95
<i>Very highly recommended. Our chefs own unique way of cooking spicy minced lamb in a medium sauce.</i>	
Murghi Apricot	£6.95
<i>Marinated chicken in yoghurt and spice then cooked with a hint of yoghurt, apricot, fresh oregano & Corianders. A succulent and mild dish</i>	
Chasni Tikka	£6.95
<i>Very popular dish from Calcutta. Boneless marinated chicken with almonds, yoghurt and mango chutney to give a very mild taste.</i>	
Butter Chicken	£6.95
<i>A simple mouth watering dish with a delicious buttery mild sauce of ground almond and crushed ginger. This makes an impressive centre piece.</i>	
Northern Bengal Garlic Chilli	Chicken/Lamb/Vegetable .
£7.95	
<i>Bangladeshi style chicken fried in garlic, jalapeno peppers & onion, then cooked in a spicy sauce to give its rich hot flavour.</i>	
Assame Jalfrezi	£7.50
<i>Bite size slices of succulent fresh chicken or lamb or vegetable prepared in hot and spicy sauce of stir fried sliced onions, caspicums, coriander, tomato & fresh chilli. Can be made medium on request</i>	
Jaipuri chicken or lamb or Veg	£7.50
<i>A very popular food from Jaipuri in Bangladesh. Meat is marinated & slow cooked in the clay oven & enhanced with fresh mushroom, onion, juicy capsicums served in a Bengali style sauce</i>	
Chicken/ Lamb Shatkora ..	£7.50
<i>Sylheti style spicy vegetable cooked with coriander and home made spicy sauce</i>	
Murgi Delight	£7.50
<i>Boneless tandoori chicken in very mild creamy butter sauce</i>	
Royal Naga	£7.50
<i>A very hot spicy curry. Cooked with tender pieces of chicken or lamb Tikka or vegetable, Bangladeshi chilli and coriander.</i>	
Mango Khurma	£6.95
<i>Chick or lamb Tikka, A mild and creamy curry. Flavoured with mango, almond and coconut.</i>	
Garlic Chilli Nantera	£7.95
<i>Cooked with roasted dry chillies & green peppers, onion, tomatoes & coriander with a little garlic. Served with homemade bhuna sauce</i>	
Murgi Manchurian	£7.95
<i>Tender chicken strips cooked with peppers, onions, fresh coriander & numerous spices in a tandoori masala sauce</i>	
Lamb Mint Yoghurt	£6.95
<i>Tender lamb prepared in a mild and creamy sauce of culture yoghurt mint</i>	
Afghan Chana	£6.95
<i>A famous dish from Afghanistan, tender lamb or chicken cooked with Afghan chick peas in spicy fresh lemon juice. Garnished with a touch of fresh coriander and ginger, medium hot and slightly sour to taste. Hot on request</i>	
Jeera Chicken/Lamb Tikka .	£6.95
<i>Tender piece of chicken or lamb marinated in garlic & ginger, cooked in cumin seeds & other delicious spices.</i>	
Lamb/Chicken Tikka	Passanda
£6.95	
<i>Tender piece of lamb or chicken prepared in a mild creamy sauce of ground almond, with touch of yoghurt to give you a mouth-watering taste.</i>	
Anarkali	£7.95
<i>Off the bone, whole breast of chicken stuffed with minced lamb and fried in butter. Then cooked in a special medium spicy sauce hot on request</i>	
Achari chicken or lamb Tikka	£6.95
<i>Diced chicken or lamb cooked with a combination of peppers, onion & coriander in spicy & tangy flavoured sauce. Hot on request</i>	
Desi Korai	£6.95
<i>Pieces of breaded chicken or succulent lamb fused together with Pignet fresh herbs & spice to create a rich flavoured taste</i>	
Sylheti Jalfrezi	£7.95
<i>Chicken/ Lamb. Chef's special fusion dish</i>	
Hash-R-Narosh	£7.95
<i>Breast of duck coked in spicy sauce. finished wit fresh coconut, almond and pineapple.</i>	
Duck Shatkora	£7.95
<i>Barbecued duck mingled in a special vegetable front west bengal, known as Shatkora, cooked in spicy sauce with fresh green peppers, onion and green chilli. A hot and sour dish.</i>	
Shaslik Bhuna	£7.95
<i>Marinated chicken tikka with onions, tomatoes & capsicum cooked in a clay oven first & served in bhuna sauce.</i>	
Kufta Bhuna Masala	£7.95
<i>Cooked with fresh minced meat, onion, tomatoes & coriander with a hint of spicyness</i>	
Murgi Malai Kurma	£6.95
<i>Marinated chicken tikka & minced lamb cooked with yoghurt, fresh cream, coconut milk & cheese, garnished with egg</i>	
Jaipuri Tawa	£7.95
<i>Tandoori chicken and lamb tikka, garnished with onions, pepper and mushrooms. Medium hot.</i>	

Traditional Balti Dishes

Bengal Chef Special £7.95 <i>Meat, chicken, prawn & king prawn</i>	Seafood Balti £8.50 <i>King prawn, prawn, salmon tikka</i>
Roshuny Balti <i>Chicken or Lamb</i> £6.50	Garlic Chilli Chicken Balti .. £6.50
Chicken/Lamb & Saag Balti.. £6.50	Chicken or Lamb Tikka £6.95
Chicken & Mushroom Balti . £6.50	Tandoori Chicken £6.95
Chicken Chilli Balti £6.50	King Prawn £7.95
Chicken or Lamb £6.50	Mushroom or Saag Balti £5.50
Prawn £6.50	Vegetable/ Chana Balti £5.50

Bengal Chef Old Favourites All £5.95

All of the following dishes can be ordered with chicken, lamb, prawn, king prawn and vegetable. (King prawn supplement of £2.95)

Kurma	Dansak	Bhuna	Madras/ Curry
Sagwala	Pathia	Rogon Josh	Dupiaza

Fresh Vegetable Side Dishes all £2.50

Bombay Aloo	Tarka Dhal	Aloo Gobi	Brinjal Bhajee
Mushrom Bhajee	Vegetable Bhajee	Sag Paneer	Bindi Bhajee Mottor
Sag Aloo	Chana Bhajee	Sag Bhajee	Paneer Masala

Rice

Boiled Rice £1.95	Coconut Rice £2.25
Pilau Rice £2.25	Keema Rice £2.50
Lemon Rice £2.25	Special Rice £2.50
Fried Rice £2.25	Mushroom Rice £2.50
Veg Rice £2.25	Egg Rice £2.50

Fresh Breads

Nan £2.10	Keema Chilli Nan £2.50
Keema Nan £2.50	Onion Khulcha Nan £2.50
Cheese Nan £2.50	Coriander Nan £2.50
Peshwari Nan £2.50	Special Nan £2.95
Garlic Nan £2.50	Chapatti / Roti £1.50
Chilli Cheese Nan £2.50	Paratha £2.00

Assorted Side Dishes

Chips £1.75	Raitha £1.50
Mint Sauce/Chutney .. (each) £0.50	Green Salad £2.00

European Dishes

Fish Fingers & Chips £4.95	Varieties Omelette & Chips . £6.95
Scampi and Chips £6.95	Nuggets & Chips £6.95
Plain Omelette & Chips £4.95	Prawn/ Chicken Salad £6.95



BENGAL CHEF BANQUET

For the discerning diner and those who share our love for the finest Indian Cuisine. All dishes are freshly prepared personally by our illustrious Chefs

FOR 2 PEOPLE £24.95	FOR 4 PEOPLE £49.95
Papadam And Chutneys	Papadam And Chutneys
Chicken Tikka & Veg Pakora	Chicken Tikka & Sheek Kebab
Northern Bengal Garlic Chilli	Samosa & Veg Pakora
Chicken & Chicken Tikka Chasni	Chicken Jalfrezi & King Prawn Dupiaza
Mushroom Bhajee	Chicken Jaipuri & Lamb Tikka Masala
Vegetable Pilau Rice	Aloo Gobi & Saag Bhajee
Keema Nan	Mushroom Pilau Rice & Pilau Rice
	Garlic Nan & Plain Nan

The Bengal Chef's menu has been put together by our very own exclusive chef Abdul Haque, one of the Midlands finest renowned culinary specialists in the industry. He has exclusive culinary knowledge in different cuisine ranging from Indian, French, Italian, Thai, Pakistani and Bangladeshi. With this exclusive menu, we have modernized Indian cuisine to its next level by modernizing it yet still keeping its authentic flavours. All our curry dishes have been freshly prepared by our illustrative chef's who have the assistance of our excellent chef, Abdul Haque, A unique and enjoyable experience with a distinction. Home style cooking with a grand style.

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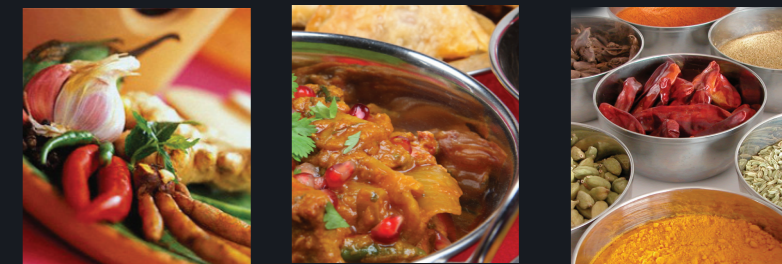
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bengal chef



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